

CURRICULUM VITAE

Gayle Goldstein, Ph.D.

Registered Psychologist #1532

EDUCATION

Ph.D., Clinical Psychology

Arizona State University (ASU), Tempe, AZ, May 1987

M.A., Clinical Psychology

Arizona State University (ASU), Tempe, AZ, December 1983

B.S., Psychology

University of California, Los Angeles, CA, June 1981

CLINICAL EXPERIENCE

INDEPENDENT PSYCHOLOGIST/CONSULTANT

Bowen Island, BC, May 2006-Present

Providing individual, couples and family counseling services. Conducting independent medical/psychological legal evaluations for ICBC, WorkSafe BC and independent law firms.

CLINICAL SUPERVISOR (STAFF) - ADLER COMMUNITY HEALTH SERVICES PROGRAM (ACHS)

Vancouver, BC September 2019-June 2022

Meeting with doctoral level students in the community and providing services for marginalized populations.

ADLER UNIVERSITY ADJUNCT CLINICAL PROFESSOR

Vancouver, BC, September 2019-December 2020

Providing instruction in advanced trauma, assessment and intervention strategies to upper level doctoral students.

DIRECTOR

New Westminster Clinic, Orion Health, November 2002-November 2006

Provided leadership, clinical supervision and psychological services for an interdisciplinary physical rehabilitation program specializing in treatment of complex pain disorders.

MANAGER

"Direction for Employee Assistance," McKenzie Willamette Hospital, November 1992-November 2002

Provided supervision of a staff of mental health professionals, managing company accounts, providing educational presentations, supervisor training workshops and conflict resolution sessions to employees of client companies. In addition, I provided direct clinical services to adolescents, adults, couples and families.

MARKETING COORDINATOR, COMMUNITY LIAISON and PSYCHOLOGIST

Oregon Health and Rehabilitation June 1992-December 1992

Provided clinical services (e.g., psychological evaluations, individual and group psychotherapy) to a diverse range of medical patients. I was also responsible for developing and fostering relationships with employers, insurers and other health care providers.

PSYCHOLOGIST

Injured Workers Program, Sacred Heart General Hospital, September 1989-June 1992

Conducted psychological evaluations taught pain/ stress management classes, and provided individual brief, short-term oriented psychotherapy to adults with serious job-related injuries. Provided supervision for University of Oregon doctoral and master's level psychology graduate students in the areas of research design, evaluation, therapeutic intervention and staff consultation.

CHIEF MEDICAL PSYCHOLOGIST

The Cedars-Sinai Comprehensive Cancer Center. June 1988-September 1989

Developed, promoted, and co-directed the "Cancer Pain Management Program," provided cognitive/behavioral interventions to cancer patients, clinical consultation services to professional staff and patients, and developed programs to enhance patient care (e.g., stress management groups, nausea/vomiting control groups, and stop smoking seminars).

STAFF PSYCHOLOGIST

Neuropsychiatric Institute, UCLA July 1987-July 1988 (50% time)

Participated in a clinical research investigation of psychosocial and immunological factors associated with Acquired Immune Deficiency (AIDS). Provided consultation to medical staff, individual patients with AIDS, and co-facilitated support groups. Additional responsibilities included outpatient psychotherapy and supervision of UCLA doctoral level psychology interns.

STAFF PSYCHOLOGIST

Pain Management Center, Department of Anesthesiology, UCLA, July 1987-July 1988 (50% time)

As a member of a multidisciplinary team, I conducted individual psychological evaluations, behavioral interventions, and psychotherapy for cancer pain and chronic pain patients. Planned, coordinated and conducted research projects focused on the following: 1) effectiveness of anti-depressant medication in treatment of cancer pain; 2) neuropsychological effects of narcotic medications with cancer pain patients; 3) differential effectiveness of pharmacological tailoring and nerve block procedure for cancer pain.

CONSULTING PSYCHOLOGIST

Risk Factor Obesity Program (RFO), UCLA Medical Center, July 1987-May 1989

Conducted weekly support groups and presented stress management lectures for overweight individuals who were undergoing a medically supervised, protein-fast weight loss program.

PSYCHOLOGY INTERN

Neuropsychiatric Institute, University of California, Los Angeles (APA Approved), July 1986-July 1987

Professional responsibilities included supportive psychotherapy for medical inpatients with life threatening illnesses undergoing invasive medical interventions. Conducted support groups for family members of above patients. Administered and interpreted psychological evaluations to a variety of medical patients through the Consultation/ Liaison service.

PSYCHOLOGY EXTERN

Institute of Human Services, St. Luke's Hospital, August, 1984-May 1986

Responsibilities included administration, interpretation, and write-up of neuropsychological and psychological evaluations; individual, marital, and family therapy for medical and psychiatric inpatients.

PSYCHOLOGY EXTERN

Phoenix Camelback Hospital, February-August 1984

Primary duties included psychological assessment, individual, family, adolescent, and geriatric group therapy within an inpatient setting.

PSYCHOLOGY EXTERN

Scottsdale Camelback Hospital, August 1983-February 1984

Responsibilities included, in addition to those cited above, conducting a communication skills group for inpatients, consulting with staff, and aiding in the design and implementation of an eating disorders program.

STUDENT THERAPIST

Clinical Psychology Center, Department of Psychology, September 1982-June 1985

Experiences included supervised individual, marital, and family psychotherapy for a variety of child and adult clients. Also, co-therapist of divorce adjustment group.

PSYCHOLOGY EXTERN

Department of Pediatrics, Maricopa County Hospital, September 1982-August 1983

Professional activities included assessment (intellectual, behavioral, and personality), and psychotherapy for children and their families within the pediatric clinic of a large county hospital.

PRIMARY THERAPIST

UCLA Autism Project, Department of Psychology, Ivar Lovaas, Ph.D, March 1979-June 1981

Responsibilities included training undergraduate students in the application of behavior therapy principles to children with autism and supervising the treatment programs of these children.

EMERGENCY SERVICES RENDERED:

Initial mental health responder to numerous incidents involving S.W.A.T., F.B.I., D.E.A. and local law enforcement, post officer suicide, shooting and post 9/11 emergency responders. Responsibilities included diffusing, counseling, and debriefing of involved personnel (approximately 32 separate critical incident stress debriefings).

Initial trauma responder for family and friends of students injured in a High School Shooting. Involved in mental health triage of over 300 individuals, psychological interventions for family members, debriefing of physicians, trauma team members, health care professionals, law enforcement and emergency first responders. Debriefing of media, news reporters and school personnel (approximately 26 group debriefings).

Initial mental health responder to bank after armed robbery (3 times) to provide diffusing and critical incident debriefing for personnel. Initial mental health responder to lumber mill post fatalities (3 times).

PUBLIC RELATIONS/MEDIA CONSULTANT

- Psychological Aspects of Bio-terrorism
- Dealing with Racism, hate crimes and negative reactions among community members' post 9-11.
- Stress and Trauma in Law Enforcement
- Seasonal Affective Disorders
- Stress and the Holidays
- Prevention and Intervention Strategies related to Suicide
- Coping with the aftermath of Trauma (post 9-11, school shooting and vehicular homicide involving young child)
- Impact of Downsizing
- Violence in the Workplace
- Treatment of Claustrophobia for the patient needing an MRI
- Psychological Factors in the Treatment of Obesity

WORKSHOPS, TRAININGS AND COURSES TAUGHT

Psychological First-Aid Training for Childcare Providers. Bowen Island, BC. April 2017.

Psychological Interventions focused on Promotion of Recovery post a Critical Incident. Guest lectures. University of Oregon. Mind and Society, March 7, 2002.

Helping Our Patient: What's Love Got to Do with it? A panel discussion integrating empirical and clinical finds related to childhood trauma, chronic pain and the role of sensuality, touch and spirituality in healing. Pain Society of Oregon, February 20, 2002.

Coping with Traumatic Head Injury: Discussed the stages of grieving post head injury/loss and problem solved techniques for managing stress, changes and adaptations. Community Rehabilitation Services of Oregon - clients, families and professional staff, September 11, 2001.

Critical Incident Stress Debriefing: Community Response to a Disaster. Provided continuing education training to over fifty local mental health professionals on psychological intervention strategies post a large-scale disaster. February 20, 2001.

Aging Workforce Panel Discussion. Psychological Implications and Interventions to Facilitate Productivity with the aging workforce.

Sample of frequently taught workshops

- Conflict Resolution Skills for Healthcare Professionals
- De-escalating Difficult People
- Preventing Violence in the Workplace
- Stress Management Skills
- Understanding and dealing with Trauma and Recovery
- Peer Support Training for Law Enforcement - information on prevention and intervention strategies when peers counsel others during crisis times.
- Effectively Managing Change in the Workplace
- Smoking Cessation
- Supervisor Skills Training

TEACHING ASSISTANT

Department of Psychology, ASU, Richard Lanyon, Ph.D. August 1985-May 1986

Teaching responsibilities included the training and supervision of first-year clinical students in administration, scoring and interpretation of intelligence, personality and projective tests.

PSYCHOLOGY INSTRUCTOR

Department of Psychology, ASU, July 1985-August 1985

Taught upper division undergraduate course (Psychology of Adjustment). Covered stress management, communication, and assertiveness training, social learning theory, and chemical dependency.

PSYCHOLOGY INSTRUCTOR

Department of Psychology, ASU, January-June 1985

Taught Introductory Psychology to undergraduates. Responsible for preparing and presenting lectures and examinations.

RESEARCH EXPERIENCE

PRINCIPAL INVESTIGATOR

Department of Psychology, ASU, August 1986-May 1987

Doctoral Dissertation investigating factors predicting compliance and metabolic control in 56 insulin-dependent diabetic individuals. Resulting in publication in Health Psychology

RESEARCH ASSISTANT

Prevention Center, ASU, August 1984-July 1985

Responsible for training and supervision of graduate students in the administration of the Child Assessment Survey (CAS) and Means-End Problem-Solving Task (MEPS). Duties also included revising these instruments for use in a large-scale research project, conducting reliability checks and interviewing children.

RESEARCH ASSISTANT

Department of Psychology, ASU, August 1981-June 1982

Co-led parent training groups for parents of autistic-like preschool children, conducted language and social skills assessments, and supervised parents' therapy with children individually.

RESEARCH ASSISTANT

Neuropsychiatric Institute, UCLA, September 1980-June 1981

Assisted in behavioral assessment of hyperactive children.

PUBLICATIONS AND PRESENTATIONS

Wellisch, D.K. & Goldstein, G. (2001). Psychological Care. In C. Haskells (eds). Cancer Treatment — Fifth Edition, W.B. Saunders Company.

*Bond, G., Aiken, L. & Sommerville, S. (1992) The Health Belief Model and Adolescents with Insulin-Dependent Diabetes. *Health Psychology*.

*Bond, G., Wellisch, D. (1990) Psychological aspects of cancer. In C. Haskells (eds). *Cancer Treatment*, W.B. Saunders Company.

Futtermen, A., Bond, G. & Wellisch, D. (1987) Bone Marrow transplantations in adults: Family impacts and implications. Paper presented at the meeting of the American Psychological Association, New York, August 1987.

*Bond, G.G. (1986) The assessment of cognitive abilities in hearing-impaired and hearing preschool age children. *Journal of Speech and Hearing Disorders*

Goldstein, G.I. & Lancy, D. (1984). Cognitive development of autistic children. In L. Siegel & F. Morrison (eds.), *Cognitive Development in Atypical Children*, SpringerVerlag.

Lancy, D.F., Goldstein, G.I. & Rveda, R.S. Concept acquisition in language handicapped populations. Paper presented at a Critique Session on Children's Language and Communication at the American Education Research Association Annual Meeting, New Orleans, April 1984.

Goldstein, G.I. Intellectual functioning among recovered and non-recovered autistic children. Paper presented at the meeting of the American Psychological Association Washington, D.C., August 1982.

Lancy, D. & Goldstein, G.I. (1982) The use of nonverbal Piagetian tasks to assess the cognitive development of autistic children. *Child Development*, 53,1233-1241.

Goldstein, G.I. & Lancy, D. An application of Piagetian theory to autistic children using nonverbal assessment techniques. Paper presented at the eleventh Annual UAP-USC International-Interdisciplinarian Conference on Piagetian Theory and the Helping Professions, Los Angeles, January 1981.

*Bond - previous name through marriage.

HONOURS

- E. Blois du Bois Scholarship. 1983-84,1984-85, 1985-86
- Grant-Aid Recipient, Graduate College, ASU, 1983
- Alumni Association Scholarship, ASU, 1982-83
- National Institute of Mental Health Training Stipend for Graduate Studies, ASU, 1981-82
- Phi Beta Kappa, UCLA, 1981
- Magna Cum Laude in psychology, UCLA, 1981
- Highest Departmental Award for Honor's Thesis, UCLA, 1981
- Valedictorian, Westminster High School, 1977